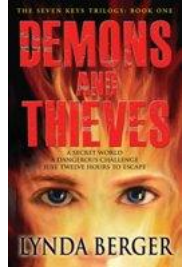


TAKE A LOOK AT YOURSELF
(an anti-bullying song from the book 'Demons and Thieves' by Lynda Berger)
www.demonsandthieves.com



**You can't pull me down
I can hold my ground
Games you like to play – you dis me to
Make your day, you can have your say
'Cos you'll ...**

**Never really hurt me
You will never see me fall
You can't ever take my soul away
And the wrong you do will come back and haunt you.**

**Take a look at yourself in the mirror
Is it you or somebody else in the mirror?
If you go deep down in your heart and consider
Would you do this to your best friend or your brother or your sister?**

**Broken bones can mend
You can tell your friends
I am here to stay – don't pick me to
Make your day; you can have your say
Cos you'll ...**

**Never really hurt me
You will never see me fall
You can't ever take my soul away
And the wrong you do will come back and haunt you.**

**Take a look at yourself in the mirror
Is it you or somebody else in the mirror?
If you go deep down in your heart and consider
Would you do this to your best friend or your brother or your sister?
(Repeat)**

**I focus on the sun
My dreams can't be undone
By you or anyone
So you can have your fun
This isn't about me
It's such a tragedy
You've, you've, you've, you've got nothing better to do.**

**Take a look at yourself in the mirror
Is it you or somebody else in the mirror?
If you go deep down in your heart and consider
Would you do this to your best friend or your brother or your sister?**

**What you give out goes back around to find you
All the bad you do will come back and bite you.**

Make my day.